

# ESRAL DENTAL

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Family Dentistry

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## **Care of Mouth Following Extraction**

1. Check and change folded gauze pads as directed until bleeding stops. Some bleeding is normal and expected for the first 24 hours.

### For the First 24 Hours:

2. Do Not rinse mouth.
3. Do Not spit out.
4. Do Not use a straw to drink with.
5. Do Not have anything very hot to eat or drink.
6. Do Not smoke at all.
7. For mild to moderate pain you may take any non-aspirin medication.
8. Call the office if you have any problems or questions.